



The Stork, 20km

This is a varied tour providing some great and unusual experiences. The route begins and ends in the friendly village of Önnköping with possibilities for room and board, grocery shopping and taking coffee (www.onnekop.com). Start the tour in the village centre by turning left towards Kivik along the busy main road. Pass the sign with www.kulturvandring.se. We really recommend that you try Helena's Hikes one more time. Turn off at the gravel road called 'Linjen' and keep on it until you cross 'Degebergavägen' and see the sign to 'Färg från förr och Kafé Kagan'.

1 Yangtorp. Something resembling a scene from a fairytale awaits you some way along this road on the right. A castle? A temple? At the edge of the beech forest the building shimmers, ready to welcome participants on courses, guests seeking help from Chinese doctors, treatments or simply peace and quiet. An information centre for the curious - up and running from summer 2014.

2 Färg från förr with Kafé Kagan. Homecare store full of nostalgic items. A café in the same style. Sit down outdoors or inside and enjoy Birgitta's delicious cakes and sandwiches. Does it seem like the waiter is putting on a show? Well you are right, he is an actor as well.

3 Smörstacken. See if you can find the footpath. You need to park your bicycle in the layby. A border marker that resembles the shape in which butter would be presented on festive occasions. This is where the borders of the hundreds of Gärd, Färs and Frosta meet. The stone was a focal point for family outings for people from all over the region.

4 Stork nest at Stänkelösa. Since 2009 Bertil Cavallin has been the driving force behind a growing wild stork population in Skåne. The project is significant in terms of biological diversity – the stork is the wetland's ambassador and brings other species with it. Bear in mind that this is a private residence and enjoy what you can see from the roadside. Carry on further to Skärhus and then on to Önnköping. At the square is the Village Shop Museum where there are tours every Saturday between 11am and 4pm, June to August, or by appointment – 0763 636867. And in the outhouse there is a set of miniature sculptures by Ivan Andersson (1880-1960) depicting scenes from the artist's childhood. Some of his larger models can be found outside in the garden behind the museum.